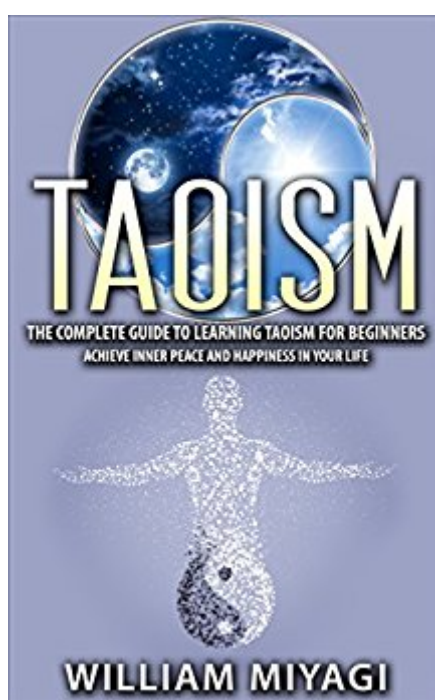


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# Taoism: The Complete Guide To Learning Taoism For Beginners Achieve Inner Peace And Happiness In Your Life



## Synopsis

Explore the Ancient and Mysterious Secret Wisdom of Taoism! Download Now to read this book for FREE on Kindle Unlimited! Are you curious about Taoism? Would you like to know more about the wisdom of the Ancient Chinese? Do you want to achieve inner peace and happiness? If so, then *Taoism: The Complete Guide to Learning Taoism For Beginners* – Achieve Inner Peace and Happiness In Your Life is the perfect book for you. It provides essential insights into the Tao for beginners and anyone interested in learning more about this fascinating lifestyle. This book can change your life for the better! You'll discover fascinating perspectives on Taoism, such as: Practical Taoism, God and Taoism, The History of Taoism, Truth and Taoism, Don't Wait - Download NOW and start unraveling the ancient secrets of the Tao! How did Taoism begin? How can you begin to understand its secrets? How does Taoism function in the everyday world? You can discover the Ancient Chinese history of Taoism, and understand how the Tao describes the source and the driving force behind everything that exists. You'll learn about the School of Yin Yang, the Laozi text, and the compilation of the Daozang. This book even explains how, even today, Taoism remains one of the most popular Chinese religions! Here's a sample of what you can learn from this fascinating book: "The true path to Taoism is very simple at first sight but extremely hard to follow up on. It involves understanding that it is all about accepting yourself. We have to take life head on and discover who we are for ourselves, as opposed to letting someone else lecture us about what is expected of us. No amount of guidance or coaxing is going to explain who you are unless you take an initiative to find out for yourself. As human beings our nature is ever-changing yet it is always the same. Compromising for every problem or changing yourself to suit the life around you may not always be the solution. Rather than resolving them, as a Taoist you should try to take away as much as possible from it and learn to accept your nature." Download *Taoism: The Complete Guide to Learning Taoism For Beginners* – Achieve Inner Peace and Happiness In Your Life TODAY and start reaping the rewards of this rich wisdom tradition. You'll be so glad you took the time to discover this fascinating aspect of Chinese culture!

## Book Information

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## Customer Reviews

I think this is one of the best short books I've read on Taoism. It gives a very concise overview. How complete is it, I'm not sure. It is a good introduction and encourages me to dig more deeply into that approach to life. After all, it's worth it if it lives up to the author's claim: "It defines itself as being the source and the driving force behind everything that exists." I used to think that Taoism didn't believe in "God," that it was atheistic. I'm thrilled to learn otherwise, how it looks on a Power outside of ourselves that can become part of us. Its history was intriguing, how it goes back at least 2500 years, and likely longer. "Truth and Taoism" made me feel very comfortable with this life-system even though I'm a dedicated Christian. I believe in many ways one will help to adapt the other to give me more insights. It also clarifies a relaxed and enlightened understanding of "truth" and "human life." Neat.

As somebody who knew very little about Taoism I found this short book to be a really insightful introduction to this ancient tradition. I found it well written and easy to understand and it has given a sound understanding which I certainly didn't have beforehand. I found that I enjoyed the book the more I read as my interest in the subject grew. A great read for anybody interested in Taoism, achieving harmony, spirituality, meditation and anything related.

Before buying and reading this book I was feeling a little anxious and negative about life and the upcoming future. It was a really dark age for me, and I didn't really know what else to do. When I saw this book in a special promotion, I decided to buy it and try a new experience in my life. I have been familiar with Asian culture, meditation and yoga techniques, but, I have never put them into practice. This book has shown me a new set of possibilities that people usually don't see, possibilities that can show you a way to become a much happier person. Sometimes we get frustrated or stressed about things that have happened in our lives, I do think that is normal. This book is great for begin to try something new, something different that can make our lives full and more meaningful at every level.

The mysteries of the Tao made understandable in a very concise, clear manner. I have always been interested in World religions- both on an intellectual and spiritual level; and also because of the many races (lower case 'r' (only one 'Race': Human) that run through my veins (including Asian). I also find La Tzu, the possible founder? of Taoism. La Tzu's 'The Book of Changes' is one of the cornerstones of Taoism. Allan Watts, the late Brilliant English -American philosopher/ theologian (who, for want of a better term could be called a Taoist-Christian (or Christian Taoist) translated much of the works (used in this book) from Chinese into English- including some of the Beautiful poems. As a side note, I do not watch ANY T.V., However if someone wants to see a 'Living' portrayal of Taoism (I despise giving a Plug for Netflix) a must see is a 30 min. 'origin story' named '100 Eyes' starring the martial artist/Actor Tom Wu ('Marco Polo' the series: He is the Best reason to see any of that series; along w/ Benedict Wong, who plays Khublai Khan c. 1262. The Mongol 'Golden Hoard' invasion of China. Although Taoism had already existed for at least 1500 yrs prior to the Mongol invasion of China. If one can, plz see the 30 min 'One Hundred Eyes'. It will bring to life the pages of this magnificent book. Taoism, & the Martial Arts that some Monks/priests practiced, as well as their great Sage philosophy are fleshed out here. A must read & a must see HISTORICAL 'fleshing out' of the Religion/ way of Life (& Death). 'Life and Death are the same Thread'; 'I do not Cling to Life; Death means Nothing' ' The upside -down Chinese Character for Fire is the Kung Fu symbol for Patience, Control: Never give place to Anger!' (These Jewels of Taoism (among others, are spoken by the Taoist Monk/Priest (portrayed by Tom Wu). (Taoism) is the Art of Peace.' (Even when practiced in the Martial Arts (along w/ Karate) Meditation, Stretching; developing 'Ch'i' (the Universal Life Force) through proper Breathing, Exercises of fluidity, and emptying of one's Self are key foundations of 'The Way'(Taoism). As mentioned, the quotes I cited are from '100 Eyes'- (such a masterful experience of what this marvelous little book is saying). If you

can, please read this Book, and see the 30 min.'100 eyes' on NetFlix. The two aforementioned go hand in hand. Peace.

This is worth to read. This book explains the history of Taoism and will help you understand what Taoism is. Also, this is a perfect book to achieve inner peace and happiness in your life. Honestly, I don't know much about it but thanks to this book because it liked refreshing my ideas way back in school days. History is kind of boring, but the author added a different flavor to make the book fascinating like the yoga meditation procedures and poetry. Reading this book made me realize that if you want to achieve an inner peace, you should first accept your self and your will be happy if you are healthy and free from any diseases.

studied abroad in Beijing. I ran into this book while, ironically, looking for books about Christianity, It was funny because I've been intrigued by the idea of Taosim ever since I took a course about Chinese religions back in college...I just never got around to studying more about it. So I checked this book out and it's a really great breakdown of the guiding principles of taoism, more than what your usual layman would say: "Do nothing." lol There are some good bits of wisdom in here as well, and it's not all just a religion 101 book. Easy read as well.

The Taoism is a philosophy of life based on the Tao Te king. In this book you will find topics that speak well of all this. Taoism, what is it?, its history, which is the tao and many other topics of interest. I think this book very useful. I say goodbye to expressing how happy I am for buying this product in a promotion

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